

MINNESOTA VEIN CENTER

400 Village Center Drive, Suite 800, North Oaks, MN 55127 • *phone* 651-765-VEIN (8346) • *web* www.mnveincenter.com

Pre-procedure Instructions:

- Arrive 10-15 minutes before your scheduled procedure at our North Oaks office.
- Make driving arrangements with family/friend if you plan to receive light oral sedation.
- Eating a light meal before your procedure is recommended.
- Please avoid application of lotions to your legs on procedure days.
- Wear loose fitting clothing and comfortable shoes if possible.
- Plan to be at our office 2 – 3 hours, unless instructed otherwise.

Post-procedure Instructions:

- Follow-up visits (20 minute post-procedure evaluations) will be at or around 1 week and again at 2 – 3 months.
- If you have a bandage/dressing applied, it will be worn for 2 days beneath your stocking.
- Stockings are worn for two weeks for all ablation procedures and seven days for phlebectomy only procedures.
- Walking for 10 minute intervals every 2-3 hours is encouraged for the first 2 – 3 days.
- Tylenol or Extra-Strength Tylenol may be taken for pain. Call our office days, evenings or weekends with questions or if concerns.

Follow-up appointments will be scheduled the day of your procedures.

(cont.)



MINNESOTA
VEIN CENTER

Additional notes: A mild oral sedative is available in clinic on the day of your procedure upon your request.

Compression stockings will be provided on the day of your procedure.

If you have any questions about your procedure or you need to reschedule any of your appointments please call our office at 651-765-8346 (1000)

At least a two and one-half week notice is necessary for rescheduling or cancellations.

400 Village Center Drive, Suite 800
North Oaks, Minnesota 55127

phone 651-765-VEIN (8346) *fax* 651-765-8351 *web* www.mnveincenter.com